This list will change regularly and may not always be up to date
If you are looking for something specific please contact me directly

**** all stock organic unless stated otherwise****
**** = not organic but unsprayed**

BREAKFAST

Deluxe Muesli	100g
Muesli Base (Hodmedod's)	100g
Granola	100g
Malted Bran Flakes	100g
Naked Barley flakes (Hodmedod's)	100g
Oats - Jumbo	kg
Oats - Porridge	kg
Toasted Wheat Flakes	100g
Spelt Flakes	100g
Bran Sticks	100g
Buckwheat flakes	100g
Quinoa flakes (Hodmedod's)	100g
Quinoa puffs (Hodmedod's)	100g

NUTS

Almond Flaked	100g
Almond ground	100g
Almonds whole	100g
Brazil Nuts	100g
Cashews	100g
Hazel Nuts	100g
Pecans	100g
Walnut pieces	100g
Pine nuts (kernels)	100g

DRIED FRUIT

Apricots Un-sulphured	100g
Banana Chips	100g
Medjool dates (pips)	100g
Dates Pitted (Deglet Nour)	100g
Prunes	100g
Cranberries	100g
Crystallised ginger	100g
Figs	100g
Currants	100g
Raisins	100g
Sultanas	100g
Fruit and Nut Mix	100g
Dried tomato halves	100g
Desiccated Coconut	100g
Raw Coconut Chips	100g

SEEDS

Blue Poppy seeds	100g
British chia seeds (Hodmedod's) **	100g
Golden Linseed (British) **	100g
Hulled hemp seeds	100g
Pumpkin Seeds	100g
Sesame seeds	100g
Sunflower seeds	100g
Pysllium Husk	100g
Camelina seeds (British) **	100g
Sunflower Mince (mince alternative)	100g

BAKING , SUGAR AND OTHER

Dried Yeast	100g
Arrowroot powder	100g
Baking powder	100g
Bicarbonate soda	100g
Agar Powder (seaweed gelatine)	100g
Dark chocolate drops	100g
White chocolate drops	100g
Sugar Strands	100g
Natural colour choc beans (like mini smarties)	100g
Cocoa Powder	100g
Raw cacao nibs	100g
Raw cacao powder	100g
Golden Cane sugar	100g
Rapadura sugar	100g
Demerara Sugar	100g
Icing Sugar	100g

TEAS

Black Assam	10g
Chamomile flower	10g
Earl Grey Blend	10g
English Breakfast Blend	10g
Green - Dooars	10g
Jasmin Green Tea	10g
Lemongrass and Ginger	10g
Liquorice, Peppermint and Spearmint	10g
Peppermint	10g
Tumeric Chai Blend	10g
Rose bud and cardamon	10g

KITCHEN ACCESSORIES

Bamboo Washing up brush REFILL
Bamboo washing up brush
Pot brush
Loofco Bottle Brush
Loofco Cleaning pad
Loofco Washing up Scraper
Loofco Washing up pad

PASTA/NOODLES

Pasta - White Fusilli	100g
Pasta - Wholewheat Penne	100g
Pasta- Orzo	100g
Pasta- Spaghetti white	100g
Pasta- Spaghetti wholewheat	100g
Pasta - White Spelt Mezzi Rigatoni **PC	100g
Pasta- Spelt Fusilli **PC	100g
Pasta - Emmer Casareece **PC	100g
Pasta - Einkorn Gigli **PC	100g
Gomitini (mini macaroni)	100g
Lucky boat No1 Thick noodles	100g

GRAINS

Rice - Arborio White	100g
Rice - Jasmin white rice	100g
Rice - Long Grain Brown	100g
Rice - White Basmati	100g
Rice - Pudding rice (short grain white)	100g
Quinoa (British)	100g
Bulgar wheat	100g
Cous Cous wholemeal	100g
Polenta (quick cook)	100g
Buckwheat groats	100g
Pearl Barley	100g
Popping corn	100g

FLOURS

Plain white flour	100g
Self raising white flour	100g
Wholemeal bread flour	100g
White Bread Flour	100g
Malthouse flour	100g
Pasta flour 00	100g
Rye flour (British)	100g
Spelt flour	100g
Corn Flour	100g
Brown rice flour *gluten free*	100g
Gram flour (Chickpea) *gluten free*	100g

PULSES

Aduki beans	100g
Black turtle beans	100g
Chickpeas	100g
Mung beans	100g
Cannelini beans	100g
Red Lentils	100g
Green lentils (British)	100g
Yellow Split Peas (British)	100g

OILS/VINEGARS

Bring your own bottle to refill

Balsamic vinegar	100ml
Cotswold Gold Rapeseed Oil	100ml
Coconut oil	100g
Tomato ketchup	100g
Honest Toil Olive	100ml
Agave syrup	100g

OTHER CONDIMENTS

Sea Salt Coarse	100g
Peppercorns Black	100g
Marigold Veg Bouillon VEGAN GF	100g
Marigold Nutritional Yeast B12	100g
Marigold Gravy granules VEGAN	100g

Coffee - All whole beans

Grinding available - course/medium/fine
https://www.girlswhogrindcoffee.com/

Oh My Goth coffee beans	100g
Decaff coffee beans	100g
Girl Crush coffee (Expresso)	100g
Harth hot chocolate	100g
Drinking chocolate	100g

PERSONAL GROOMING

natural soap pouch
Bamboo soap dishes
Bamboo toothbrushes adult
Bamboo toothbrushes childrens
Beauty products and soaps by Somerset Natural Soaps
Cacao pow deodorant 55g
Loofco Loofas
Cotton tips
Refill Sesi Shampoo, conditioner, body wash and handsoap
Shampoo and conditioner bars
Epsom Salts

KITCHEN ACCESSORIES cont..

Loofco washing up brush
If you care foil heavy duty
If you care parchment paper
If you care coffee filters

HERBS AND SPICES

Basil	10g
Bay Leaves	10g
Coriander leaf or powder or seed	10g
Dill	10g
Marjoram	10g
Mint	10g
Mixed Herb Leaf	10g
Oregano	10g
Parsley	10g
Rosemary	10g
Sage	10g
Tarragon	10g
Thyme	10g
Chives	10g
Allspice	10g
Cardamon pods or powder	10g
Chilli powder (Cayenne)	10g
Chillie flaked	10g
Cinnamon Quills or powder	10g
Cloves powder or whole	10g
Coriander powder or seed	10g
Cumin Powder or seed	10g
Fennel Seeds	10g
Fenugreek powder	10g
Garlic powder	10g
Ginger powder	10g
Mixed spice powder	10g
Mustard powder *ALLERGEN	10g
Mustard seeds black or yellow *ALLERGEN	10g
Nutmeg whole or powder	10g
Onion powder	10g
Paprika	10g
Smoked Paprika	10g
Sumac	10g
Turmeric Root Powder	10g
curry powder	10g
Star Anise	10g
Caraway seeds	100g
Ras El Hanout	100g

SNACKS/TREATS

Bombay mix	100g
Fava beans salt	100g
Fava beans chilli and lime	100g
Fava beans salt and vinegar	100g
Dark choc Raisins (Nailsea)	100g
Dark Chocolate Hazelnuts *VGN (Nailsea)	100g
Cocoa Brazil nuts *VEGAN (Nailsea)	100g
Dark choc coffee beans *VEGAN (Nailsea)	100g
Dark choc Ginger *VEGAN (Nailsea)	100g
White choc strawberries (Nailsea)	100g
Gummie Sweets assorted *VGN	100g
Mixed fizzie sour sweets *VGN	100g
Mixed Fizzie gluten free sweets *VGN	100g
Marshmallows mini or large	100g

Cupboard Essentials(lots more in store)

Essential light Tahini 340g jar
Essential Tomato paste tubes
Biona Tofu in a jar 500g
Barley malt extract- Rayners
Essential organic coconut milk can
Essential chopped tomato tins
Essential Passata jar
Essential peanut and nut butters
BeSaucy vegan mayo various flavours
Essential tinned pulses
Rocks squash
Capers in a jar

HOUSEHOLD CLEANERS

Bring your own container to refill

Greenscents laundry conditioner nonscents	1l
Greenscents laundry liquid nonscents	1l
Greenscents washing up liquid citrus	1l
SESI toilet cleaner	1l
SESI washing up liquid Spiced Ginger	1L
SESI Castille Soap	100ml
SESI Hardwater dishwasher rinse aid	1L
SESI white vinegar (cleaning only)	1l
SESI Laundry liquid and conditioner	1L
Sodium Percarbonate (green bleach)	100g
BioD Dishwasher tablets	
Bicarb for cleaning	100g
Citric acid for cleaning	100g
Dishwasher salts	1kg

This list is not exhaustive and new stock is always arriving.
If you can't see it on the list please ask as I may have it and it just hasn't made it to the list yet.
Thank you for your support